Risks of Snowy / Icy roads

Tips for driving safely in winter

Many winter traffic accidents occur as a result of limited visibility by snowfall as well as frozen and snowy road surfaces. Know the safety points for winter driving and utilize them for safe driving.



Hazards in and around traffic intersections

Due to car engine's heat, the ice and snow in intersections is melted into water, creating particularly slippery conditions. Don't let your guard down just because the snow is melting.



Take care with sudden braking

Due to sudden braking on the surface of compacted snow and ice, water droplets can be formed by frictional heat between roads and tires, creating a slippery surface.



Take care on rutted roads

Rutted roads can be slippery



Take care on uneven surfaces with hard-to-see bumps

Cars can be caused to spin or skid when force is applied from various directions by bumps.



Bridge hazards

Since bridges are cooled from both surfaces (top and underneath), roads may be frozen on the bridge surface, even when roads before bridges are dry.



Tunnel entrance and exit hazards

Due to lack of direct sunlight, the road surface ices easily in tunnels, forming black ice.

Before You depart

Plan your drive carefully!

- Give yourself plenty of time to reach your destination before dark.
- Inform those at your destination of your planned arrival time in advance. • Check the weather and road conditions to your destination by Internet and
- In poor weather conditions, especially heavy / drifting snow, consider either changing departure times / dates or using public transportation.

✓ Check the following carefully!

- Ensure you have enough fuel, battery power, and windshield washer fluid. Check the condition of winter road equipment such as tire chains.
- traction ropes, booster cables, and shovels. • In case of emergency, carry extra food, water and blankets / warm clothes.
- Ensure that cell phone batteries are fully charged. Carrying a spare battery is also useful

Weather conditions can be checked en route!

While on the road use the VICS and road information board regularly to obtain real time road weather reports for your destination. In poor weather conditions, take time to rest and use your cell phone to check Weather Reports.

Road Information Board



Road surface conditions



Black ice

The road looks wet, but the "wetness" is actually a treacherous film of ice.



Granular snow

When slush is disturbed by pedistrians and vehicles. it becomes granular.



Humps

It's unclear why, but icy humps sometimes form on the road. It's called "abacus road," because the humps look like the beards of an abacus.



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Snow that thaws on the road surface refreezes and is buffed by the actions of pedestrians and vehicles. This causes the emergence of roads that are as slippery as a skating rink.

Sapporo Winter Life Promotion Council

Information on Accidents and Weather

Winter Driving
Preparedness

Blizzard Whiteout Conditions Map

■Emergency numbers

Police / Ambulance and Fire

110/119

■Weather information

Japan Meteological Agency

orecast "dial 177 after the area code")

■Emergency Medical Care

Hokkadio Emergency Medical Treatment Information Center

0120-208-699 (011-221-8699)

■Car Breakdown / Mechanical problems

JAF Road Service Emergency Call

JAF Hokkaido Call Center

70-00-8139

011-857-8139

Hokkaido Regional Development Bureau "Hokkaido Regional Road Information"

Road regulations and weather conditions are available online



■Road regulations

Closure information of highways and prefectural roads



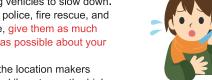


http://info-road.hdb.hkd.mlit.go.jp/e

If in need of rescue

If a car gets stuck or stalls

Flash your hazard lights and set up a stop display panel and bright-colored flags in prominent places for approaching vehicles to slow down. When calling police, fire rescue, and road service, give them as much information as possible about your location



Be aware of the location makers posted every kilometer on the highway.

Consultation: Howakai Medical Corporation, Howakai Hospital Sapporo, Diagnosis and Treatment Director/Hospital Director, Kazuhisa Mori

Change out of wet clothes into the warmest cold weather wear available to keep your body temperature high.

Take care for falling body temperatures and frostbite.

While waiting for rescue

Don't get out of your car!

Only exit the car if in sight of an evacuation

point or area where Emergency rescue

In blizzards if you become separated from

The risk of collision by vehicles approaching

your car, there is a risk of losing your

positioning relative to the vehicle.

from behind exists, so be vigilant.

personnel can be reached.

Be vigilant of engine fumes, which cause carbon monoxide poisoning.

The followings are symptoms of *Hypothermia* (falling body temperature). Shivering and teeth chattering are the First Symptoms of Hypothermia.

With a further decrease in body temperature, shivering will cease and you will experience symptoms such as Slowed Reaction Time, Absentmindedness, and Impaired Judgment.

With the onset of Frostbite, you will experience a cooling and hardening of the extremities (feet and hands) and a dulling of the nerves there.

To prevent the onset of Hypothermia and Frostbite, wrap up warmly in blankets and drink warm liquids. Rescue may take some time. Be aware of the fuel level and battery level while occasionally running the engine

Ensure the exhaust pipe is free from snow to prevent fumes from entering the car. These fumes can lead to Loss of Consciousness as a result of Carbon Monoxide Poisoning. Open the windows slightly to allow exhaust fumes to escape and periodically clear the snow from around your car's muffler

If you fall behind on the clearing of snow and there is a risk of fumes entering the car, switch the engine off, stay inside the car, and wrap yourself warmly in blankets or warm clothes until rescuers arrive.

If there is more than one passenger, take turns sleeping. Make sure there is always somebody awake to keep vigil and await Rescuers.





(Highway Rest Areas *"Michi no Eki"*

The highway rest areas "Michi-no-Eki" are available 24 hours with basic facilities. including Parking, Toilets, and Telephones. Some also have shops and cafeterias.

Additionally, road condition information, road camera images, and weather information are available for viewing.

Please use these facilities whenever you need a rest on the road or whenever you feel you may have car trouble.



